



HeartSpeak Course Schedule

2023

6 March	HeartSpeaker Monthly Meetup (ONLINE) https://HeartSpeakEvents.as.me/MonthlyMeetup Required: None – ALL are welcome!	LIVE, ONLINE 6-7am Brisbane time
12 March	HeartSpeak Lite (ONLINE) https://HeartSpeakEvents.as.me/HeartSpeakLite Required: None – ALL are welcome!	LIVE, ONLINE 6-9am Brisbane Time
19 & 26 March	HeartSpeak Level 1 (ONLINE) https://HeartSpeakEvents.as.me/HeartSpeakLevel1 Required: Training in <i>Muscle Response Testing</i> Ex: Muscle Response Testing (VIDEO)	LIVE, ONLINE 5-9am Brisbane Time
3 April	HeartSpeaker Monthly Meetup (ONLINE) https://HeartSpeakEvents.as.me/MonthlyMeetup Required: None – ALL are welcome!	LIVE, ONLINE 6-7am Brisbane time
21-23 April	HeartSpeak in Mackay, Queensland HeartSpeak Levels 1 & 2, and Intro to Muscle Testing https://HeartSpeakEvents.as.me/Mackay-Courses	LIVE, IN-PERSON Fri eve, Sat & Sun
8 May	HeartSpeaker Monthly Meetup (ONLINE) https://HeartSpeakEvents.as.me/MonthlyMeetup Required: None – ALL are welcome!	LIVE, ONLINE 6-7am Brisbane time
19-21 May	HeartSpeak in Russia ♥ HeartSpeak в России More information TBA http://www.anti-stress.ru/	LIVE, IN-PERSON Moscow, Russia
23-24 May	HeartSpeak in Northern Ireland HeartSpeak for Stress ♥ HeartSpeak Lite More information TBA	LIVE, IN-PERSON Northern Ireland
26-28 May	HeartSpeak in Quebec ♥ HeartSpeak au Québec HeartSpeak Level 1, HeartSpeak for Yoga, and more! https://HeartSpeakEvents.as.me/Quebec-Courses	LIVE, IN-PERSON Quebec, Canada
1 June	ACEP Research Symposium 2023 <i>Keynote Speaker: Finding Freedom within the Evidence-based Paradigm</i> For information: https://www.ep-conference.org/	LIVE, IN-PERSON/ONLINE Baltimore, MD, USA

5 June	ACEP Energy Psychology Conference 2023 Post-Conference Workshop: <i>HeartSpeak Level 1</i> For information: https://www.ep-conference.org/	LIVE, IN-PERSON/ONLINE Baltimore, MD, USA
5 June	HeartSpeaker Monthly Meetup (ONLINE) https://HeartSpeakEvents.as.me/MonthlyMeetup Required: None – ALL are welcome!	LIVE, ONLINE 6-7am Brisbane time
17 & 18 June	HeartSpeak in Germany ♥ HeartSpeak in Deutschland HeartSpeak Levels 1 & 2 ♥ Information: HERE Required: Previous training in Muscle Testing	LIVE, IN-PERSON 5-9pm Berlin time
10 July	HeartSpeaker Monthly Meetup (ONLINE) https://HeartSpeakEvents.as.me/MonthlyMeetup Required: None – ALL are welcome!	LIVE, ONLINE 6-7am Brisbane time
July-August	HeartSpeak Lite Instructors Course (ONLINE) <i>Interested? Email us: officeheartsspeak@gmail.com</i> Required: HeartSpeak Lite (vid) or HeartSpeak Lite (Live)	LIVE, ONLINE 6-8am Brisbane time
14-17 October	2023 International Kinesiology Conference (ONLINE) <i>Keynote Speaker: HeartSpeak for Chronic Pain</i> For more information, click HERE	LIVE, ONLINE & RECORDED

Watch this space - more courses coming soon! See also below for video courses...

Video Courses Always Available

HeartSpeak Lite	All Welcome
The HeartSpeak Tools	All Welcome
HeartSpeak for Harmonious Relationships	All Welcome
How to Do iHeartSpeak Sessions	Required: HeartSpeak Lite or Level 1
How to Run Group HeartSpeak Sessions	All Welcome
How to Do Online Kinesiology Sessions	Required: Any kinesiology technique
Introduction to Muscle Response Testing	All Welcome
Self Muscle Response Testing	All Welcome
The Oxford Studies: Validating Muscle Testing	All Welcome