



HeartSpeak Course Schedule

2023

9 January	HeartSpeaker Monthly Meetup (ONLINE) https://HeartSpeakEvents.as.me/MonthlyMeetup Required: None – All are welcome	LIVE, ONLINE 6-7am Brisbane time
15, 22, 29 January & 5 February	Advanced HeartSpeak Clearing (ONLINE) https://HeartSpeakEvents.as.me/AdvHSClearing Required: Any HeartSpeak experience – all welcome	LIVE, ONLINE 6-7:30am Brisbane time
5, 12, 19 February & 5, 12, 19 March	HeartSpeak Lite Instructors Course (ONLINE) <i>Interested? Email us: officeheartsspeak@gmail.com</i> Required: HeartSpeak Lite (vid) or HeartSpeak Lite (Live)	LIVE, ONLINE 6-8am Brisbane time
6 February	HeartSpeaker Monthly Meetup (ONLINE) https://HeartSpeakEvents.as.me/MonthlyMeetup Required: None – ALL are welcome!	LIVE, ONLINE 6-7am Brisbane time
12 & 19 February	HeartSpeak Level 1 (ONLINE) https://HeartSpeakEvents.as.me/HeartSpeakLevel1 Required: Training in <i>Muscle Response Testing</i> Ex: Muscle Response Testing (VIDEO)	LIVE, ONLINE 5-9am Brisbane Time
6 March	HeartSpeaker Monthly Meetup (ONLINE) https://HeartSpeakEvents.as.me/MonthlyMeetup Required: None – ALL are welcome!	LIVE, ONLINE 6-7am Brisbane time
17-19 March	HeartSpeak in Mackay, Queensland HeartSpeak Levels 1 & 2, and Intro to Muscle Testing https://HeartSpeakEvents.as.me/Mackay-Courses	LIVE, IN-PERSON Fri eve, Sat & Sun
3 April	HeartSpeaker Monthly Meetup (ONLINE) https://HeartSpeakEvents.as.me/MonthlyMeetup Required: None – ALL are welcome!	LIVE, ONLINE 6-7am Brisbane time
6 & 7 May	HeartSpeak for Enhanced Performance (ONLINE) https://HeartSpeakEvents.as.me/HS-for-Performance ALL Performers, Athletes, Teachers, Coaches welcome!	LIVE, ONLINE 9-11am Brisbane time
8 May	HeartSpeaker Monthly Meetup (ONLINE) https://HeartSpeakEvents.as.me/MonthlyMeetup Required: None – ALL are welcome!	LIVE, ONLINE 6-7am Brisbane time

19-21 May	HeartSpeak in Russia ♥ HeartSpeak в России More information TBA http://www.anti-stress.ru/	LIVE, IN-PERSON Moscow, Russia
23-24 May	HeartSpeak in Northern Ireland HeartSpeak for Stress ♥ HeartSpeak Lite More information TBA	LIVE, IN-PERSON Northern Ireland
26-28 May	HeartSpeak in Quebec ♥ HeartSpeak au Québec HeartSpeak Level 1, HeartSpeak for Yoga, and more! https://HeartSpeakEvents.as.me/Quebec-Courses	LIVE, IN-PERSON Quebec, Canada
1-5 June	ACEP Energy Psychology Conference 2023 Post-Conference Workshop: <i>HeartSpeak Level 1</i> For information: https://www.ep-conference.org/	LIVE, IN-PERSON Baltimore, MD, USA
5 June	HeartSpeaker Monthly Meetup (ONLINE) https://HeartSpeakEvents.as.me/MonthlyMeetup Required: None – ALL are welcome!	LIVE, ONLINE 6-7am Brisbane time
9-11 June	HeartSpeak in the UK <i>Courses and other details TBA</i> Watch this space: www.heartspeakevents.as.me	LIVE, IN-PERSON Sheffield, UK
17 & 18 June	HeartSpeak in Germany ♥ HeartSpeak in Deutschland HeartSpeak Levels 1 & 2 ♥ Information: HERE Required: Previous training in Muscle Testing	LIVE, IN-PERSON 5-9pm Berlin time
10 July	HeartSpeaker Monthly Meetup (ONLINE) https://HeartSpeakEvents.as.me/MonthlyMeetup Required: None – ALL are welcome!	LIVE, ONLINE 6-7am Brisbane time

Watch this space - more courses coming soon! See also below for video courses...

Video Courses Always Available

[HeartSpeak Lite](#)

All Welcome

[The HeartSpeak Tools](#)

All Welcome

[HeartSpeak for Harmonious Relationships](#)

All Welcome

[How to Do iHeartSpeak Sessions](#)

Required: HeartSpeak Lite or Level 1

[How to Run Group HeartSpeak Sessions](#)

All Welcome

[How to Do Online Kinesiology Sessions](#)

Required: Any kinesiology technique

[Introduction to Muscle Response Testing](#)

All Welcome

[Self Muscle Response Testing](#)

All Welcome

[The Oxford Studies: Validating Muscle Testing](#)

All Welcome