



HeartSpeak Course Schedule

2022

7 November	HeartSpeaker Monthly Meetup (ONLINE) https://HeartSpeakEvents.as.me/MonthlyMeetup Required: All HeartSpeakers welcome	LIVE, ONLINE 6-7am Brisbane time
21 November	HeartSpeak Monthly Buddy Session (ONLINE) https://HeartSpeakEvents.as.me/MonthlyBuddySessions Required: HeartSpeak Lite or HeartSpeak Level 1	LIVE, ONLINE 6-7am Brisbane time
11 December	HeartSpeak for Parents & Teachers (ONLINE) https://HeartSpeakEvents.as.me/HS-Parents-ONLINE Required: HeartSpeak Lite OR HeartSpeak Level 1	LIVE, ONLINE OR 5-9am Brisbane time
3 December	HeartSpeak Group Session (IN-PERSON) Sign-up: https://HeartSpeakEvents.as.me/HS-Group-MKY Required: None – all welcome	LIVE & IN-PERSON Mackay, QLD, AUS 11am-12pm
4 December	HeartSpeak Lite (ONLINE) https://HeartSpeakEvents.as.me/HeartSpeakLite Required: None – all welcome	LIVE, ONLINE 6-9am Brisbane
5 December	HeartSpeaker Monthly Meetup (ONLINE) https://HeartSpeakEvents.as.me/MonthlyMeetup Required: All HeartSpeakers welcome	LIVE, ONLINE 6-7am Brisbane time
19 December	HeartSpeak Monthly Buddy Session (ONLINE) https://HeartSpeakEvents.as.me/MonthlyBuddySessions Required: HeartSpeak Lite or HeartSpeak Level 1	LIVE, ONLINE 6-7am Brisbane time

2023

9 January	HeartSpeaker Monthly Meetup (ONLINE) https://HeartSpeakEvents.as.me/MonthlyMeetup Required: All HeartSpeakers welcome	LIVE, ONLINE 6-7am Brisbane time
23 January	HeartSpeak Monthly Buddy Session (ONLINE) https://HeartSpeakEvents.as.me/MonthlyBuddySessions Required: HeartSpeak Lite or HeartSpeak Level 1	LIVE, ONLINE 6-7am Brisbane time
15, 22, 29 January & 5 February	Advanced HeartSpeak Clearing (ONLINE) https://HeartSpeakEvents.as.me/AdvHSClearing Required: Any HeartSpeak experience – all welcome	LIVE, ONLINE 6-7:30am Brisbane time

5, 12, 19 February & 5, 12, 19 March	HeartSpeak Lite Instructors Course (ONLINE) <i>Interested? Email us: officeheartsspeak@gmail.com</i> Required: HeartSpeak Lite (vid) or HeartSpeak Lite (Live)	LIVE, ONLINE 6-8am Brisbane time
1-5 June	ACEP Energy Psychology Conference 2023 Post-Conference Workshop: HeartSpeak Level 1 For information: https://www.ep-conference.org/	LIVE, IN-PERSON Baltimore, MD, USA
17 & 18 June	HeartSpeak Level 1 (IN-PERSON) Registration Link TBA Required: Training in Self Muscle Testing (VIDEO) OR: Muscle Response Testing (VIDEO)	LIVE, IN-PERSON 5-9pm Berlin time

More courses coming online soon! See also below for video courses...

Video Courses Always Available

HeartSpeak Lite	All Welcome
The HeartSpeak Tools	All Welcome
HeartSpeak for Harmonious Relationships	All Welcome
How to Do iHeartSpeak Sessions	Required: HeartSpeak Lite or Level 1
How to Run Group HeartSpeak Sessions	All Welcome
How to Do Online Kinesiology Sessions	Required: Any kinesiology technique
Introduction to Muscle Response Testing	All Welcome
Self Muscle Response Testing	All Welcome
The Oxford Studies: Validating Muscle Testing	All Welcome