



HeartSpeak Course Schedule

2022

25 March	Introduction to Muscle Testing (IN-PERSON) https://HeartSpeakEvents.as.me/MRT-inperson Required: None – all welcome	LIVE, IN-PERSON Mackay, QLD, AUS Fri 6-9pm
26-27 March	HeartSpeak Level 1 (IN-PERSON) https://HeartSpeakEvents.as.me/HS1-Live-Inperson Required: Training in Muscle Response Testing (LIVE) OR: Muscle Response Testing (VIDEO)	LIVE, IN-PERSON Mackay, QLD, AUS Sat 1:30-6pm & Sun 8:30am-1pm
27 March	HeartSpeak Lite for BodyWork (IN-PERSON & ONLINE) https://HeartSpeakEvents.as.me/HSBodyWork Required: None – all welcome	LIVE, IN-PERSON & ONLINE 2-5pm Brisbane time
1-3 April	The Spring Energy Event: "After" Registration: https://springenergyevent.com/ Required: None – all welcome	ONLINE – LIVE & RECORDED New York time
24 April	HeartSpeak for Yoga (IN-PERSON & ONLINE) https://HeartSpeakEvents.as.me/HS-for-Yoga-ONLINE Required: None – all welcome	LIVE, IN-PERSON & ONLINE 9am-12pm Brisbane time
25 April	HeartSpeaker Monthly Meetup https://HeartSpeakEvents.as.me/MonthlyMeetup Required: All HeartSpeakers welcome	LIVE, ONLINE 6-7am Brisbane time
8 May	HeartSpeak Lite (ONLINE) – with GEMS College gemsphysiologycollege.com/events/heart-speak-lite/ Required: None – all welcome	LIVE, ONLINE 6-9am Brisbane
11-17 May	ACEP Energy Psychology Conference Post-Conference Workshop: <i>HeartSpeak Level 1</i> Register / Information HERE	Santa Fe, New Mexico IN-PERSON & ONLINE
15 & 22 May	HeartSpeak Level 1 (ONLINE) https://HeartSpeakEvents.as.me/HeartSpeakLevel1 Required: Training in Self Muscle Testing (VIDEO) OR: Muscle Response Testing (VIDEO)	LIVE, ONLINE 5-9pm Brisbane time
23 May	HeartSpeaker Monthly Meetup https://HeartSpeakEvents.as.me/MonthlyMeetup Required: All HeartSpeakers welcome	LIVE, ONLINE 6-7am Brisbane time

5 & 12 June	HeartSpeak Level 2 (ONLINE) https://HeartSpeakEvents.as.me/HeartSpeakLevel2 Required: HeartSpeak Level 1	LIVE, ONLINE 5-9am Brisbane time
20 June	HeartSpeaker Monthly Meetup https://HeartSpeakEvents.as.me/MonthlyMeetup Required: All HeartSpeakers welcome	LIVE, ONLINE 6-7am Brisbane time
16 July	Introduction to Muscle Testing (IN-PERSON) https://HeartSpeakEvents.as.me/MRT-NEWC Required: None – all welcome	LIVE, IN-PERSON Newcastle, NSW, AUS Sat 9am-12pm
16 & 17 July	HeartSpeak Level 1 (IN-PERSON) https://HeartSpeakEvents.as.me/HS1-NEWC Required: Training in Muscle Response Testing (LIVE) OR: Muscle Response Testing (VIDEO)	LIVE, IN-PERSON Newcastle, NSW, AUS Sat 1:30-6pm & Sun 8:30am-1pm
17 July	HeartSpeak Lite for BodyWork (IN-PERSON) https://HeartSpeakEvents.as.me/HSLBW-NEWC Required: None – all welcome	LIVE, IN-PERSON Newcastle, NSW, AUS 2-5pm Brisbane time
6-7 August	HeartSpeak Level 1 (ONLINE & IN GERMAN) iak-freiburg.de/veranstaltungen/#/de/classes/view/192 Required: Training in Muscle Response Testing	LIVE, ONLINE 8:30am-1pm Berlin time
18-21 August	IASK Kinesiology Conference: "At Peace" Register / Information HERE	Budapest, Hungary LIVE & IN-PERSON
Dates TBA	HeartSpeak Lite Instructors Course <i>Interested? Email us: officeheartsspeak@gmail.com</i> Required: HeartSpeak Lite	LIVE, ONLINE Times / Dates TBA

More courses coming online soon! See also below for video courses...

Video Courses Always Available

HeartSpeak Lite	All Welcome
The HeartSpeak Tools	All Welcome
HeartSpeak for Harmonious Relationships	All Welcome
How to Do iHeartSpeak Sessions	Required: HeartSpeak Lite or Level 1
How to Run Group HeartSpeak Sessions	All Welcome
How to Do Online Kinesiology Sessions	Required: Any kinesiology technique
Introduction to Muscle Response Testing	All Welcome
Self Muscle Response Testing	All Welcome
The Oxford Studies: Validating Muscle Testing	All Welcome