



HeartSpeak Course Schedule

2021

31 Oct & 7 Nov	HeartSpeak Level 2 https://HeartSpeakEvents.as.me/HeartSpeakLevel2 Required: HeartSpeak Level 1	LIVE, ONLINE 5-9am Brisbane time
14 November	HeartSpeak for Yoga https://HeartSpeakEvents.as.me/HS-for-Yoga Required: All are welcome	LIVE, IN-PERSON Townsville, QLD, Australia 2pm Brisbane time
14 November	CanBeWell Conference 2021: Shift into Wellness Topic: <i>The role of research in understanding our power in personalizing self-care</i> Registration link TBA: www.canbewell.org/events/	LIVE, ONLINE Time TBA (Toronto time)
15 November	HeartSpeaker Monthly Meetup https://HeartSpeakEvents.as.me/MonthlyMeetup Required: All HeartSpeakers welcome	LIVE, ONLINE 6-7am Brisbane time
20 November	HeartSpeak Lite for BodyWork https://HeartSpeakEvents.as.me/HS-for-BW-ONLINE Required: None - ALL are welcome	LIVE, ONLINE 6-9am Brisbane time
5 December	HeartSpeak for Yoga https://HeartSpeakEvents.as.me/HS-for-Yoga-ONLINE Required: All are welcome	LIVE, ONLINE 6-9am Brisbane time
13 December	HeartSpeaker Monthly Meetup https://HeartSpeakEvents.as.me/MonthlyMeetup Required: All HeartSpeakers welcome	LIVE, ONLINE 6-7am Brisbane time
16 & 23 January	HeartSpeak Level 1 (ONLINE) https://HeartSpeakEvents.as.me/HeartSpeakLevel1 Required: Training in Muscle Response Testing or Self Muscle Response Testing	LIVE, ONLINE 5-9am Brisbane time
Dates TBA	HeartSpeak Lite Instructors Course <i>Interested? Email us: officeheartsspeak@gmail.com</i> Required: HeartSpeak Lite	LIVE, ONLINE Times / Dates TBA

More courses coming online soon!

See also below for video courses...

Video Courses Always Available

[HeartSpeak Lite](#)

All Welcome

[The HeartSpeak Tools](#)

All Welcome

[HeartSpeak for Harmonious Relationships](#)

All Welcome

[How to Do iHeartSpeak Sessions](#)

Required: HeartSpeak Lite or Level 1

[How to Run Group HeartSpeak Sessions](#)

All Welcome

[How to Do Online Kinesiology Sessions](#)

Required: Any kinesiology technique

[Introduction to Muscle Response Testing](#)

All Welcome

[Self Muscle Response Testing](#)

All Welcome

[The Oxford Studies: Validating Muscle Testing](#)

All Welcome