



HeartSpeak Course Schedule

2021

19 March	HeartSpeak Lite for Chronic Pain (& other things!) Middle Eastern Psychological Assn Conference https://www.mepa.me/	LIVE, ONLINE 11am-1pm Kuwait time
22 March	HeartSpeaker Monthly Meetup https://HeartSpeakEvents.as.me/MonthlyMeetup Required: All HeartSpeakers welcome	LIVE, ONLINE 6-7am Brisbane time
17 April	The Oxford Studies: The Accuracy & Precision of Muscle Response Testing <i>Die Oxford-Studien – Von Präzision des Muskeltests</i> https://iak-freiburg.de/dozent/dr-anne-jensen/	LIVE, ONLINE 8-11pm German time English + German
19 April	HeartSpeaker Monthly Meetup https://HeartSpeakEvents.as.me/MonthlyMeetup Required: All HeartSpeakers welcome	LIVE, ONLINE 6-7am Brisbane time
24 April	Self Muscle Testing Techniques <i>Muskelselbsttest</i> http://bit.ly/Muskelselbsttest or https://HeartSpeakEvents.as.me/Self-MRT	LIVE, ONLINE 8-11pm German time English + German
1 May	How to Do Online Kinesiology Sessions <i>Wie gebe ich kinesiologische Sitzungen online?</i> http://bit.ly/kinesiologische-Sitzungen-online	LIVE, ONLINE 8-11pm German time English + German
1 May	Introduction to Muscle Response Testing https://HeartSpeakEvents.as.me/MRT-inperson Required: All are welcome	LIVE, IN-PERSON Townsville, Australia 2-5pm QLD time
2 May	HeartSpeak Level 1 https://HeartSpeakEvents.as.me/HS1-In-person Required: Training in Muscle Response Testing	LIVE, IN-PERSON Townsville, Australia 9am-6pm QLD time
17 May	HeartSpeaker Monthly Meetup https://HeartSpeakEvents.as.me/MonthlyMeetup Required: All HeartSpeakers welcome	LIVE, ONLINE 6-7am Brisbane time

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23 May	HeartSpeak Lite for Physical Pain https://HeartSpeakEvents.as.me/HSL-PhPain-ONLINE Required: All are welcome	LIVE, ONLINE 5-8am Brisbane time
6 & 13 June	HeartSpeak Level 1 https://HeartSpeakEvents.as.me/HeartSpeakLevel1 Required: Training in Muscle Response Testing	LIVE, ONLINE 5-9am Brisbane time
20 June	HeartSpeak Lite for BodyWork https://HeartSpeakEvents.as.me/HS-for-BW-ONLINE Required: All are welcome	LIVE, ONLINE 5-8am Brisbane time
21 June	HeartSpeaker Monthly Meetup https://HeartSpeakEvents.as.me/MonthlyMeetup Required: All HeartSpeakers welcome	LIVE, ONLINE 6-7am Brisbane time
27 June	HeartSpeak Lite for Emotional Pain https://HeartSpeakEvents.as.me/HSL-EmPainONLINE Required: All are welcome	LIVE, ONLINE 5-8am Brisbane time
27 June	HeartSpeak Lite https://HeartSpeakEvents.as.me/HSL Required: All are welcome	LIVE, IN-PERSON 2-5pm Brisbane time Walkerston QLD
4 & 11 July	HeartSpeak Level 2 https://HeartSpeakEvents.as.me/HeartSpeakLevel2 Required: HeartSpeak Level 1	LIVE, ONLINE 5-9am Brisbane time
5 July	HeartSpeak for Yoga https://HeartSpeakEvents.as.me/HS-for-Yoga-ONLINE Required: All are welcome	LIVE, ONLINE 5-8am Brisbane time
July or August ? (awaiting the lifting of travel restrictions)	HeartSpeak Lite for BodyWork Booking link TBA Required: All are welcome	LIVE, IN-PERSON Perth, Australia 1-4pm Perth time
July or August ? (awaiting the lifting of travel restrictions)	Introduction to Muscle Response Testing Booking link TBA Required: All are welcome	LIVE, IN-PERSON Perth, Australia 5-8pm Perth time

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July or August ? (awaiting the lifting of travel restrictions)	HeartSpeak Level 1 Booking link TBA Required: Training in Muscle Response Testing	LIVE, IN-PERSON Perth, Australia 9am-6pm Perth time
19 October	CanBeWell Conference (17-23 October 2021) Topic: <i>How BioFeedback assists a Wellness plan</i> Registration link TBA: www.canbewell.org/events/	LIVE, ONLINE 5:10-5:55pm Toronto time
Dates TBA	HeartSpeak Lite Instructors Course <i>Interested? Email us: officeheartsspeak@gmail.com</i> Required: HeartSpeak Lite	LIVE, ONLINE Times / Dates TBA

More courses coming online soon! See also below for video courses...

Video Courses Always Available

HeartSpeak Lite	All Welcome
The HeartSpeak Tools	All Welcome
HeartSpeak for Harmonious Relationships	All Welcome
How to Do iHeartSpeak Sessions	Required: HeartSpeak Lite or Level 1
How to Run Group HeartSpeak Sessions	All Welcome
How to Do Online Kinesiology Sessions	Required: Any kinesiology technique
Introduction to Muscle Response Testing	All Welcome
Self Muscle Response Testing	All Welcome
The Oxford Studies: Validating Muscle Testing	All Welcome